

AMENDMENTS TO THE SPECIFICATION

Please AMEND the specification on page 8, paragraph 1, as follows:

The substrate 10 functions essentially as a filler for providing both weight reduction in the pad 2 and rigidity. The substrate 10 may be formed from a foam 5 polymer such as a PVC, or a nonwoven material such as a felt pad. Additionally, other materials are also known in the art, which have a density less than the gel 8 and can provide the same functions. The substrate 10 may formed from a continuous sheet of material or may have perforations 12 as illustrated in Figure 2. Additionally, the substrate 10 may substantially span the entire envelope or just reside in a portion of 10 the envelope. In one embodiment it is contemplated that the substrate 10 spans at least 50% or more of the area of the pad 2. In a further embodiment, the substrate 10 spans at least 75% of the pad 2.